



USULC25 Dance Battle Rules

- **Students may NOT perform any flips or throws without having at least one touch point to the ground or another student at all times. For example, a student may not perform a free front flip but can if two other students support the student performing the flip.**
- Beats and loops can be added to the track but the song must remain recognizable. You may NOT combine multiple songs/tracks. Each school can only choose one song. Songs are selected on a first-come-first-serve basis.
- **Every member of the group must participate in some way in the dance (advisors/chaperones optional)**
- The dance must be no longer than 1 minute, 15 seconds.
- **No gang signs.**
- No swearwords or references to drugs, alcohol, or sex whatsoever.
- **You can feature props/costumes etc. All costumes must have a shirt and pants. All outfits or props must be deemed appropriate.**
- No glitter and no confetti cannons whatsoever. Smoke cannons are allowed if ALL pieces are disposed of. Schools that break this rule will be DISQUALIFIED.
- **No sexually suggestive or inappropriate moves - Be comfortable doing this dance in front of your grandparents!**
- HAVE FUN!!