

Policies & Guidelines

For your safety and the safety of all participants, these policies must be followed.

What to wear (and what not to wear)

Please understand, you will not be allowed to participate if you do not follow the dress code.

- Clothing should be loose, comfortable, casual, durable and able to get dirty. Shorts must be knee-length; shirts must have sleeves and cover the midriff.
- Shoes should be flat heeled, comfortable and suitable for running and jumping.
- Shoelaces must be tied and double knotted.
- No slip-on shoes or sandals allowed.
- All jewelry will need to be removed prior to participating. This includes watches, bracelets, necklaces, rings, earrings, and face and body jewelry.
- Eyeglass wearers should take the necessary precautions to insure their glasses do not fall by removing the glasses or wearing a restraining strap.
- Participants should wear sunscreen and a brimmed hat for sun protection.
- Participants should bring a jacket or long sleeve shirt, as necessary, based on the possibility of inclement weather.

What to bring (and what not to bring)

- Each participant needs to bring their own water bottle, sunscreen, and brimmed hat.
- Because of the choking hazard, gum and candy are only allowed during break times.
- For safety considerations, no alcoholic beverages are allowed on the premises at any time.
- Neither participants nor any other person shall bring onto, or possess on University Challenge Course premises, any animals, pets, weapons, contraband, explosives, fireworks, candles, any flame device or any other controlled substances.

What you agree to

- No horseplay will be tolerated. Safety is our number one concern.
- For health consideration of others and fire control concerns, no smoking is allowed on the premises at any time.
- Participants must comply with all state and federal laws while on USU Challenge Course property.
- Participants must abide by all policies regarding the use of the premises and follow all instructions of the Challenge Course Staff.
- All participants 18 years of age and over must complete and sign an "Informed Consent Form" prior to participating in any of the activities.
- All participants under 18 years of age must have a parent or legal guardian complete and sign the "Informed Consent Form" prior to participating in any of the activities.
- The USU Challenge Course Staff and Utah State University reserve the right to refuse service to anyone and to take such action as may be necessary in the event that any participant or the sponsoring group is in violation of any of the forgoing guidelines and expectations.