



Athletic Training Outreach and Program Overview

The function of the Athletic Trainer is to provide professional care for athletic injuries. In the event of an injury, the athletic trainer will assess the nature and severity of the injury and notify the parents/guardians and necessary coaches and administration of the status of the athlete. The Athletic Trainer will also determine if further action is necessary by a physician, physical therapist or other professional. If further care is necessary, the parents will make the decision where to take the athlete. The athletic trainer may be consulted if the parents want a referral or have difficulty in getting an immediate appointment.

If necessary, the athlete will undergo a treatment program to promote healing and restore full strength, flexibility, and coordination to help prevent reoccurrence of the injury. Service performed by the athletic trainer is a free service offered at designated times. If the athlete must undergo more extensive rehabilitation beyond the athletic trainer's scope of responsibility, it is recommended that the service be provided by qualified practitioners according to established fee schedules. Preventative taping and bracing will be applied by the athletic trainer if necessary.

If the athlete was diagnosed by a physician for the injury, he/she may not return to participation until cleared by the physician with a NOTE for clearance to play. The physician and the athletic trainer will make the final decision of when the athlete may safely return to participation.

To ensure the optimal treatment please follow the proper procedures and go through the appropriate channels. Report the injury to the athletic trainer and coach first. If the athletic trainer is not present at the time of injury, please contact him/her as soon as possible at the phone numbers listed below, or the next day prior to practice. If it is an emergency and you are unable to contact the athletic trainer, take necessary steps for treatment and contact the athletic trainer soon afterwards. Please consult with the athletic trainer prior to going to a therapist or physician, unless the injury is an emergency. Athletes should report to the athletic trainer at the onset of injury, during the recovery period and prior to participation. Going through these channels prevents a breakdown in the necessary communication between medical professionals and is cost-effective for the parents by eliminating and excessive time and money being spent. Everyone will benefit more if the appropriate steps are taken.

Authorization to Render Medical Treatment

I hereby grant permission to Intermountain Sports Medicine Team Physicians and/or consulting Physicians to render to my son/daughter treatment, medical, or surgical care that they deem reasonably necessary of the well-being of the athlete. I also hereby authorize the Athletic Trainer(s) at Intermountain Sports Medicine who are under the direction and guidance of the Licensed Physicians to render to my son/daughter or myself any preventative or post injury first aid, rehabilitative or emergency treatment that they deem reasonable and necessary to the health and well-being of the athlete. This includes practices, games and travel. Also, when necessary for executing such care, I grant permission for hospitalization at an accredited hospital.

Authorization to Collect Injury Data/Information

I hereby grant permission to Intermountain Sports Medicine team Athletic Trainers, Physicians and/or consulting Physicians, and Physical Therapists to collect Data regarding my son/daughter for the purposes of injury evaluation, care, treatment or returning to competitive play that they deem reasonably necessary for the well-being of the athlete. I also hereby authorize the Athletic Trainer(s) at Intermountain Sports Medicine who are under the direction and guidance of Licensed Physicians to use testing procedures under their scope of practice to evaluate and deem ready to return to play my son/daughter.

eSignature required for this document